



All Change



*"Ch-ch-ch-changes"*¹

Change ... it's a fact of life, but do you love it or loathe it? When faced with change do you feel invigorated and relish challenges to come or do you sigh inwardly and just get on with it? Surely even the keenest of early adopters must occasionally feel a sense of "change fatigue" and wish that

"they" would just let us get on with things the way they are, once in a while!

*"The times they are a-changin'"*²

In the three years that I have been President of CDF there have been many changes in dentistry. Some of the "headline grabbers" have been: the Department of Health dictum that all endodontic files must be treated as single use instruments (April 2007); NICE guidelines more or less eliminating the need for antibiotic prophylaxis for infective endocarditis (March 2008); South Central Southampton Health Authority's decision to fluoridate water supplies in parts of Southampton and south west Hampshire (February 2009).

As a consultant in a dental teaching hospital, without doubt the hardest-hitting changes for me, personally, have been the ramifications of the government's 18-week care pathway. The perverse and unintended outcomes of implementing what might seem an eminently sensible and very reasonable target are an interesting lesson in the difficulties of implementing change in a complex system like an NHS Foundation Trust.

*"Something better change"*³

Of course, the biggest change in the recent history of dentistry was implemented on the very day that I took over as CDF President, April 1st 2006: the new NHS General Dental Services contract. Despite piloting a largely Personal Dental Service-based General Dental Service the government, in its wisdom, decided to change to an untested Units of Dental Activity-based system, and we have been living with the fallout ever since. I will pass no comment on the 2006 contract, leaving that to Professor Jimmy Steele, whose *Independent Review of NHS Dental Services in England* was published in June this year. Professor Steele, in an impressive understatement observes: "The new contract did not command the widespread support of the profession" ... enough said!

So with the Steele report welcomed by government and profession alike, could a change for the better be just around the corner? With its recommendations of a return to patient registration, an emphasis on prevention and oral health-based outcomes, clear care pathways and rewards based on quality of care, let us hope so.

*"A change would do you good"*⁴

What of CDF: what have we changed in the last three years? Well, with a smart new website we hope that we can communicate better with existing members and attract some new ones. More important than presentation, however, are developments in our regional groups and student work. Our first Regional Groups' Day on March 21st was a big success and one that we plan to repeat. As an answer to many years of prayer we now have three new student coordinators (check them out on page 8 and the website!) and we look forward to much more of a presence in our dental schools and with newly-qualified dentists.

One further change will take place this autumn: I will step down as CDF President at this year's Annual Conference. It has been an honour and a privilege to serve as President of CDF and I know that I will leave the Fellowship in very safe hands when Peter Thornley takes over from me in October.

*"Everything changes but you"*⁵

As Christians we encounter many of the same changes in this world that our non-Christian friends and colleagues do. For us, however, some things never change: God's unfailing love for His children and the sure and certain hope of salvation and eternal life. In our walk with the Lord there is no danger of "change fatigue" because: "Jesus Christ is the same yesterday and today and forever" (Hebrews 13:8).

*"Changed from glory into glory, Till in heaven we take our place, Till we cast our crowns before Thee, Lost in wonder, love and praise."*⁶

Ian Harris

Ian Harris
President

1. David Bowie – 1971;
2. Bob Dylan – 1964;
3. The Stranglers – 1977;
4. Sheryl Crow – 1996;
5. Take That – 1988;
6. Charles Wesley – 1707 to 1788.

A Life in the Day

Recently ordained as a minister in the Church of England and NHS practice owner, Rev Dr Amanda Elmes lives in Colchester, Essex with husband Paul, also a dentist and travels daily to the island of Mersea as dentist and curate at St Peter and St Paul's Parish Church.



Rev Dr Amanda Elmes

has now been subsumed into KGT. We started dating in 1973 and married in August 1977 after qualifying in December 1976.

I go straight to our church of St Peter and St Paul on the island of Mersea for Morning Prayer at 8am. It is a time of focusing on God both individually and corporately. There are usually around three or four people and it allows us time to pray for the community. I'm a non-stipendiary curate in the Benefice. It has been a long calling to becoming ordained, starting 15 years ago when I was licensed as a Reader. I had the sense that I was being called to ordination, which was confirmed by people asking me why I wasn't ordained – this was my personal Gideon's fleece, but Paul and I felt that it wasn't the right time for us. Five years ago we decided that the time was right and I started the selection process and undertook two years non-residential training with the Eastern Regional Ministry Course, part of the Cambridge University Theological Federation.

Although I'm ordained, I feel that I do as much pastoral care in the surgery as I do as the curate in the parish; this is the beauty of being known for 20 years. People who were children when we started in Mersea now have their own children. I also feel that we minister to our staff that are members of today's society and come with the problems that today's society has. I perceive myself as Christ ministering to my patients as well as ministering to Christ in them. Part of it is about being whole. I understand shalom as 'may you be whole, may you be one with God, your neighbour and yourself, in body, mind and spirit, in past, present and future'. As I am treating a patient I am not just healing them physically but also ministering mentally and spiritually. Being a dentist as well as an ordained minister keeps me grounded: it divides my time but enriches my ministry.

Morning Prayer is finished by 8:20 and if I'm in practice, which happens on Tuesdays and Thursdays, I jump into the car to race there, have a few minutes to catch up with the staff and see my first patient at 8:30.

I first felt called to Dentistry when I was 14 or 15 at school in North West London where I grew up. After talking to a dentist at a careers evening, I wanted something where I could use my

hands as well as my head. At that time, there were very few women in surgery in hospitals whereas dentistry was a more viable option and I preferred the thought of general dental practice to general medical practice.

Over the following years I felt more called into it as a vocation, but struggled at secondary school. In retrospect, I think that as a Christian I stood out as being different and was bullied because of it. I had been taken to Church as a baby and at the age of six I went to Sunday School and the teacher, Miss Holden, gave us all a piece of paper and asked us to write on it what we would like to pray for. Some people wrote about broken arms and the like and I wrote that I wanted Jesus to come into my heart and I believe I've been a Christian since that time. Changing from a small Christian primary school to a large secondary school with over 1000 pupils I didn't tick as well. I only passed two of my 'O' levels and the night of the results I lay in bed and came to a point where I said to God, "I clearly can't do it on my own, it's over to you now. I'm totally dependant on you, I've proved I can't do it myself." I think that was a turning point for me. In the first year 6th I retook my 'O' levels along with my 'A' levels and then applied and was selected for Dentistry at RDH – God was very gracious.

We spent the first few years of married life in Cheltenham. Paul and I were both associates in different practices. We came to Colchester as we wanted to own our own practice and it took us two years to find the one on Mersea and we started there in 1981. We initially rented premises but when we wanted to expand the practice we bought the building and now have a team of four dentists and a hygienist.



Practice

We are a predominantly NHS practice as Paul and I believe that dentistry should be available to everybody, ministering to people at their point of need. Although NHS dentistry has been through many changes in the years that we have been working, we still believe in it passionately. For me, the most challenging part of dentistry are the difficult cases: the need for a good root canal treatment (RCT) before a good bridge prep can be done to allow a good bridge to be made, and all of this being pointless if there is poor oral hygiene that needs addressing first. The NHS system just has to be done, I can't control how NHS is, I just need to work with it but I can control how good my RCT is.

If I'm working for the Church, I'll go from the Morning Prayer into meetings with the Vicar or the lay pastoral assistant, or to a midweek Holy Communion that takes place on Wednesdays. I was Priested this June, so I've just started taking Communion. I'll take it out into the community after this, to two residential homes once a month and to three people who can't get to church once a week.

In the practice I'll work until lunch at 1pm, but if I'm fully booked and have used all the emergency slots I will work through lunch treating patients in pain. I always make myself a sandwich with an apple and fromage and wash it down with a smoothie. On a

Church day I may go swimming, I try to go every day I'm not at the practice. When I'm preparing a sermon I'll read the passage and a couple of commentaries before I go and mentally write it while I'm swimming – it give me time to meditate and think as I'm going up and down.

Dental work starts again at 2:00 and goes on until 5:30. We try as a practice to finish on time for the moral of the staff. Paul and I will then return home. Sometimes I'll do some pastoral visiting on the way, especially if there are people in Colchester that I would like to visit – it's easier for me to do it than for the people who live on Mersea. The causeway to the island can flood, so we have to plan our journeys carefully and it will sometimes mean leaving a lot earlier or later to ensure we can cross. I am also involved with Child Protection and the protection of vulnerable adults within the church. We carried out an outreach programme in Peldon, one of the four parishes in the Benefice this spring. From the 200 houses in the village we managed to visit 114 homes, and out of them 40 were interested in having contact with the Church, so we are participating in Back to Church Sunday in September and 20 people were interested in Alpha, which I am organising and leading in September.

Paul likes to cook dinner from scratch as a way to unwind. We always eat together, either alone or with our sons, Richard who is 30 and Christopher who is 28, when they are at home. I had seven years out of work when they were young. When I came back into dentistry, I was very interested in forensic dentistry, and completed a post-graduate diploma at the University of Hertfordshire, which at the time was the only place to study

forensic dentistry in England. I predominately examine bite marks from abused people – mainly women and children. I am an expert witness for the court and do this because I believe in justice and mercy. Justice for the vulnerable of society and mercy when I find that the sibling of a child has been doing the biting and needs care and help rather than punishment. I also identify people who have died, mainly in fires and severe accidents where it's not suitable for the relatives to see the deceased. It provides closure for the families and allows them to start the mourning process. I don't officially identify the people; I advise the Coroner who officially identifies them. Mostly we already have an idea of who the people are, but I carried out one case of a John Doe where I was asked to extract an unrestored six so that the mineral content of the tooth could be analysed. It was narrowed down to an area of Poland. The family of a missing man had contacted the Polish police, who had contacted Interpol, who found that there was a match in Britain and the identification was put together. I also have my doctorate in Forensic Dentistry, which I did it part time from 1999 to 2004.

The evenings can be used to do the practice paperwork. Paul and I share it out – Paul does the finance and I do the health and safety side. Some evenings I have Church meetings back on Mersea and towards the end of the week we like to relax together by watching television - we enjoy 'who done it's'.

I try to be in bed at 10:30 and I drop off pretty quickly and sleep soundly.

As told to Kate Nightingale and Catherine Fordyce

What does it take to be a Volunteer?

Thames Valley Regional Meeting

There used to be a maxim in the Army - 'Never Volunteer!'. It's a good job John Miller didn't take too much notice of this as he has volunteered twice to go out to the Bridge2Aid project in Mwanza.

On Saturday March 29th we all enjoyed a bring and share meal and spent a very enjoyable lunchtime and afternoon meeting other Christian dentists and Dental Care Professionals as well as hearing about John's adventures in Tanzania. Chris and Angela Evans had opened their house once again to host a local meeting. It was a fine sunny day too, which always makes a difference.

After a relaxing lunchtime when we got to know the newcomers, we made John sing for his supper! John had prepared an excellent PowerPoint presentation to explain the strategy and back-up behind the Bridge2Aid scheme to train local medical assistants in effective use of local anaesthetic to ensure relatively pain free simple dental extractions.



First he set the scene and highlighted the urgent need for basic dental care in more rural areas. The facts are simple. There are approximately 3000 people per dentist in the UK but 300,000 people per dentist in Tanzania. This is made even worse since the few dentists there are available are concentrated in towns.

A big rural population live around Lake Victoria (one of the world's biggest lakes) but they are very poor in general and find it difficult to travel to get treatment even if it is available.



Bridge2Aid's strategy is to give local experienced medical assistants the skills to identify simple dental problems and deal with them. The strategy has been well thought out and is fully backed by the Tanzanian authorities and harnesses the knowledge and enthusiasm of British volunteers going out to the rural areas to train people.

Can volunteers achieve much in a fortnight? The answer is a resounding 'YES'. By working alongside the staff they are training, they can show how it is possible to safely help people with minimal equipment. The volunteers gain too, and return with stretched horizons. More details are available at www.bridge2aid.org. And our horizons were stretched too. For an afternoon that little part of Oxford had become Tanzania.



Alan Lawrence

Graham Smart 1954 – 2009



Graham Smart

Graham Smart died on 20th June 2009 at the tragically early age of 55, having been diagnosed with a rare form of cancer in 2001. His stoicism in the face of his deteriorating health, in his last months particularly, was truly remarkable. His last professional engagement was a joint lecture that he gave to 900 people in Solihull, just three weeks before his death, as part of the 'Talking Points' nationwide tour. This was

a commitment that he was determined to fulfil, against all the odds and was typical of his dedication to his profession. It was of no surprise to his family, friends and colleagues that he kept working right up to the very end.

Graham qualified from University College Hospital in 1975 and after house jobs and spells in community, NHS and private practice he joined the RAF in 1980. His clinical skills and sharp intellect were quickly identified and his 16 year military career included specialist training in periodontics and posts as Clinical Adviser in Periodontics, Director of the RAF School of Dental Hygiene, RAF Postgraduate Tutor and Adviser in General Dental Practice. His outstanding contribution to the RAF Dental Branch was recognized with the award of the Lean Memorial Award in 2004.

On leaving the RAF in 1996 Graham concentrated on specialist periodontal practice but, having a gift and passion for teaching, he dedicated much of his time to postgraduate education for both dentists and hygienists, as well as working in the Oxford postgraduate deanery as Dental Tutor and Vice Dean. On top of all this he also managed to fit in spells of Dental Care Professional examining, posts on editorial boards and for many years he was an Honorary Research Fellow at the Eastman. He was always active in the British Society of Periodontology and had the honour of serving as President of the Society in 2007 to 2008.

Graham tackled everything with passion, whether it was dentistry, teaching, rugby or the church. He had an enormous impact on the dental profession in so many different ways and touched the lives of many. He was one of the most warm-hearted, generous and enthusiastic practitioners in his field and his skills as a communicator and teacher were reflected in the enormous number of messages of condolence that were received when news of his death became known. The word 'inspiration' was used repeatedly, as was the description of 'gentleman'. He was a true gentleman and indeed a gentle man. His legacy will be the dentists and hygienists up and down the country who benefitted from his inspirational teaching, as well as the patients whose dental care improved as a result. Everyone who encountered him will remember him with enormous affection and he will be sorely missed, especially by his family, to whom he was completely devoted.

Phil Ower

My father, who was a Scot, passed on to me a number of wise sayings. One of his favourites was that there were two types of people in the world – the 'McTaks' and the 'McGees'. ('Those who take' and 'those who give' for Sassenachs.) If this is so then Graham Smart was definitely a McGee. Graham would give out to the uttermost with immense good humour.

I first met Graham professionally some years ago when I was the Audit Adviser for the Thames Valley group of General Dental Practitioners and Graham was the Chairman. From time to time I would be sent a tricky question. I would email it to Graham and usually within the hour a reply would come complete with two or more of the latest references, a clinical example and a chuckle or two in the text. Whilst his knowledge was encyclopaedic he never used it except to help others. When I worked with him in lecturing on clinical audit, it was fascinating to see a master lecturer at work. You were never bored when Graham was talking even in the 'sleep slot' after lunch and humour was interspersed with learning.

Another of Graham's great strengths was his clear grasp of the principles and practice of Evidence Based Health care. He was a regular and highly valued commentator to the Journal of Evidence Based Dentistry

A few years ago Graham was the Clinical speaker at the CDF Annual General Meeting held in Reading and gave a masterful presentation on getting the patient's home care right before starting complicated treatment. Again he showed some amazing results.

As Phil Ower has said he was an excellent all round teacher and clinician. But there were other sides to Graham too. He was an accomplished musician and worship leader at the Anglican Church on the housing estate near them and he and Mary took a full and active part in the life and fellowship of the church.

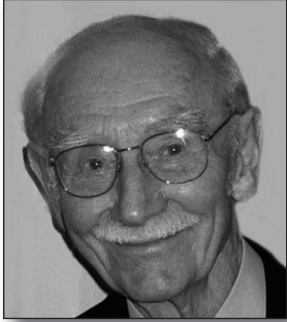
The funeral service at Aylesbury was very much a celebration of his life and its impact on others. He made time to spend with the family in the midst of busy clinical practice and lecture tours. His children talked about fun packed holidays, professional friends related examples of his caring friendship. The Vicar led a glowing tribute to him and the service was filled with songs of praise and celebration. We got to the service half an hour early and it was as well that we did because shortly afterwards it was standing room only!

Graham is an inspiration to those of us in the CDF or outside who are facing somewhat similar medical problems. The courage, determination and humour gave us encouragement too!

The Salvation Army have a lovely phrase when someone dies. They say the person has been Promoted To 'Glory'. Graham was promoted to the high levels in the RAF, but surely he has now been promoted to the highest level of all – to be with his Saviour until the glorious day of resurrection and new creation. Our sympathy goes out to Mary and the family – but we would remind them that Graham's life touched all that he met. Well done - Good and faithful Servant.

Alan Lawrence

Jack Halestrap 1917 – 2009



Mr H J Halestrap

Jack died peacefully, aged 92, shortly after collapsing in the town of Tiverton where he had lived and worked since 1953.

Jack, the eldest of three children, was born in North London and moved to Kingswood in Surrey at the age of six. Summer family holidays were usually spent at Felpham in Sussex and it was here at a Children's Special

Services Mission beach mission, aged 12 that he first heard and responded to the Gospel. To nurture his new found faith he joined the Purley Crusaders and maintained a prayerful interest in this organisation for the rest of his life.

Leaving Whitgift School in Croydon at the age of 17, Jack worked for the Guardian Insurance Company for a couple of years before moving to the Royal Bank of Scotland, also in the City. During these four years he was a leader of the Tadworth boys' Bible Class, and it was here that he met Margery, who played the piano for them and whom he was to marry in 1941.

Being in the Territorial Army, Jack was called up at the declaration of war and served for six and a half years. For the duration he carried a bible in his breast pocket, which he described as a spiritual and somewhat limited physical shield for his heart! He testified to God's protection at Dunkirk, and His providence in sending him to a West African posting where he learnt much about missionary work.

In 1947, Jack and Margery were living in Reigate with their two children when he decided on a complete career change, and was accepted to study dentistry at Guy's. He was an active

member of the Christian Union and became a founder member of the CDF while continuing to run a boys Bible Class in Reigate.

In 1952, Jack qualified and worked as an associate in a practice in Sutton for a year before relocating to Tiverton in Devon where he was employed by the School Dental Service. In 1954, he set up a practice in the town and another one in nearby Cullompton which he soon passed on to his student friend, Roy Jefferies. The Tiverton practice expanded considerably, and Jack worked there until his retirement in 1984.

During this time Jack was a member of the local BDA, being its president for a year. He was a founder member of the Exeter and District Orthodontic Study Circle, and served on the Local Dental Committee and Family Practitioner Committee until the age of 70.

He was an active member of St George's Church, serving as PCC Secretary and then Church Warden for many years. He was instrumental in building the church extension in the late 1960's, was a keen supporter of mission work at home and abroad and did much to promote church co-operation within the town.

In retirement Jack became chairman of the local Volunteer Centre and both he and Margery had more time to devote to their garden and enjoy their grandchildren.

Jack leaves his wife Margery, three children, David, Frances and Andrew, six grandchildren and two great grandchildren.

A service of Thanksgiving held on 14th April at St George's Church was a memorable finale to a long and full life.

David Halestrap

Volunteer Needed for DentaId Website Updates



Andy Jong, DentaId's CEO, is urgently looking for an IT volunteer willing to update the charity's website regularly.

Ideally, he or she would live within easy reach of the Landford offices in order to receive and research information to keep the website abreast of the latest news, but the information can be updated from home. Experience of this work and an ability to write copy are essential. CDF members are asked to make this need a matter for prayer.

If you can help, or know of a possible volunteer, please contact Andy on 01794 325144 or email andy@dentaId.org

Associate required for Bedford Practice

Associate dentist needed to join a practice of CDF members. Mainly private work. Lovely staff, spacious surgeries, Exact software, DPT, Orthodontist. Principal's particular interests are occlusion/TMJ and endodontics. 3-4 days a week initially, possibility of more.

Bedford is 35 mins to St Pancras International station, has good independent schools and has strong rugby, rowing, athletics and cycling clubs. Youth music is supported by the council and the Bedfordshire Festival of music, speech and drama is well respected nationally.

For further information please contact Alastair Nash at: alastair.wendy@ntlworld.com or 07515385561

Annual Conference

16th - 18th October 2009

Hothorpe Hall, Theddingworth, Leicestershire
Speaker - Hugh Palmer, Rector, All Souls Langham Place
“Speaking Christ to a modern world”
Studies from Acts 17 and 18



Hugh Palmer was installed as Rector of All Souls Church in June 2005. He became a Christian through the witness of a student friend while studying Law at Cambridge University. Before training for the ordained ministry at Ridley Hall, he taught briefly at a comprehensive school in north London.

Once ordained, Hugh spent nine years in Norfolk, first as a curate under Gordon Bridger at Holy Trinity, Norwich, later going on to become Bishop Maurice Wood's Chaplain for Mission and Training. It was also during his time in Norfolk that he met and married his wife Clare. They then spent ten years serving at St Helen's Bishopsgate in London where Hugh had responsibility for leading the staff team under Dick Lucas.

In 1995, Hugh and Clare moved north to Sheffield where Hugh succeeded Philip Hacking as Vicar of Christ Church, Fulwood two years later. During his ministry, Hugh has led a number of university and parish missions. He recently became Chair of New Word Alive.

Hugh and Clare have three children; Anna, a teacher, and Lucy, a midwife, who are both married while Mark is finishing his degree course at Durham. Hobbies shared by the whole family include music and sport as well as reading books for relaxation "from biographies to thrillers".

Car Sharing to Conference

If you could offer a lift to the conference or would like to have a lift, please contact Anne Hallowes, CDF Administrator on 01252 845991 or cdfadmin@btinternet.com with details of where you are and what time you are leaving.

Update from Rugarama Hospital

My time is rapidly running away from me and just a few weeks of life in Kabale remain. It is amazing how quickly a year goes by. So let me give an update of how I will be leaving things here.

We held interviews last week and employed two new dental officers. They have started with us already and it gives me a few weeks to make sure they are familiar with the department and our protocols before I leave. I can also squeeze in some additional bits of training for them that their dental officer diploma does not cover. They both seem very pleasant and competent and I'm hopeful they will fit into our team structure well.

We had space for two new dental officers as one of the current batch has been accepted onto the BDS course at Makeere University in Kampala. Only five students not currently working in the government services were accepted so she has done remarkably well. One of the other students who has been accepted is also a former employee at Rugarama Hospital so we must be doing something right in our encouragement and support of our staff!

The outreaches with the Batwa which started last month have been going extremely well. Patient numbers are often overwhelming and the appreciation they show is so encouraging and makes a hard days work worthwhile. There is such a huge need with this particular group of patients and I'm really pleased that outreaches have started positively and will continue after I leave.

My thoughts have been forced to turn to home a little and I'm really pleased to have job start. I'll be going back to Edinburgh to commence work at the beginning of October. I'll be working with a team who deliver dental services to the homeless, drug users and patients with infectious diseases in Lothian. It's not everyone's cup of tea but for me it really is a job I'm delighted to get and I'm looking forward to getting stuck in. It will give me some time before I figure out my next move and what I'll do in the future.

The past year has been full of so many challenges and at times frustrations, but it has been without doubt the most fantastic experience and one I will never forget. There have been so many things I felt completely out of my depth with. Dealing with clinical issues such as jaw fractures or surgical procedures that I thought would be the most difficult aspect of my work has been fine, but handling the administrative side of things and accepting the responsibilities that come with running a dental department have been the real challenge. Before I came, I knew I would face many issues that I would feel ill equipped to deal with but at every step along the way God has been right beside me and has never left me or let me down. It really has brought new meaning to Philippians 4:13 "I can do everything through him who gives me strength"!

I will be back in the UK from the end of September when I will face maybe an even bigger challenge of how to tell people about all I've been up to. I think readjusting to life in the UK will be tough too after living in South West Uganda with the occasional jaunt to the Democratic Republic of Congo and Rwanda. Life is going to be just a little bit different!

I have a few weeks to relax and gather myself before heading home and I'm looking forward to doing some climbing for a week in the Rwenzori Mountains and then travelling south to fly out from South Africa. It will hopefully make the adjustment a bit easier.

I say it at every available opportunity, but let me once again say thank you for all the continued support. In so many ways, so many people have assisted me and I feel it is somehow inadequate, but let me say a huge thank you once again anyway.

God Bless

Colin Watterson

Job Opportunity in Uganda



Lake Bunyonyi

year round temperature of 24-26°C due to its position at 2000m altitude. Nearby Lake Bunyonyi provides the safest swimming conditions in East Africa and the towering Virunga Volcanoes mountain range, reaching up to 4500m create a stunning backdrop.

The purpose built dental department was constructed in 2005 and has two fully equipped surgeries with three operating units. The



Rugarama Hospital

department provides a full range of dental treatments and covers the district population of some 550,000 people. All types of restorations, root canal treatments and dentures can be provided and surgical skills are frequently required to deal with difficult extractions and hard and soft tissue procedures. The population are predominantly poor and many live in remote rural areas where access to dental services is difficult. The department regularly provides outreach services in these isolated areas to bring pain relief and oral health education directly to the people. We also run an established schools outreach programme for primary school age children focusing on prevention, establishing good oral hygiene habits and early intervention using atraumatic restorative techniques.

Rugarama Hospital, Kabale is located in the far South Western corner of Uganda, just 20km from the Rwandan border. It sits amid rolling green hills and although just south of the equator it enjoys a pleasant

The department currently has two full time Ugandan dental officers and three nurses providing care for people across the district. It was founded by the Church of Uganda and its vision is "to move forward and grow to offer comprehensive services which heal physically and spiritually to provide people with a better life".



Dental Surgery

Dental Surgeon Colin Watterson will be leaving Rugarama Hospital in August 2009 after spending one year as a CMS Mission Partner. Chris and Polly Barton set up the dental work at Rugarama in 2001 and spent six and a half years there; Rugarama Hospital was originally started as a small health centre in 1983.

Rugarama Hospital offers the opportunity for anyone who wishes to challenge themselves and bring much needed dental services to a very welcoming but poor population.

If you feel that this is something you are being called to do please contact Dr Chris Barton: chris4polly@yahoo.co.uk or Colin Watterson via the CDF Administrator (cdfadmin@btinternet.com) for initial information or www.rugaramahospital.org.

This appointment would be for a minimum of one year, at the invitation of the Bishop of Kigezi, through CMS.

Applications should be made to:

The Recruitment Officer, Church Mission Society,
Watlington Road, Oxford OX4 6BZ

Mentors and Educationalists needed in Uganda



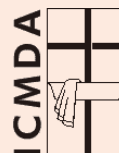
Christian Relief Uganda is a charity aiming to demonstrate Jesus' love by providing opportunity and hope for the poorest in Uganda, empowering them to become self-sufficient.

Dental hygienist Barbara Koffman has been organising dental missions offering pain-relief clinics in rural areas since 2004. She takes out dental and non-dental teams twice each year and is always delighted to have new volunteers. As Barbara is a member of Dentaids' Action Group on Infant Oral Mutilation (IOM), she is at the forefront of innovative educational programmes to combat this pernicious practice. In March 2010 she is planning to take not only a clinical team but an oral health education group to teach the local people about dental health and also the dangers of IOM. All volunteers will be trained to offer IOM talks, oral health education, basic hand washing recommendations and advice on a balanced diet.

Barbara is also looking for a Christian to accompany her on each mission as a spiritual mentor, giving help and encouragement, but without clinical or educational responsibilities.

If you are interested in participating in any way, or know someone who would, please contact Barbara on 07970 163798 or email bkoffman@hotmail.com.

Further details are available from www.christianreliefuganda.org and on IOM from www.dentaid.org



ICMDA

Change of dates for the World Congress in 2010 Uruguay, South America

- 1 - 4 July 2010 ~ Students & Junior Graduates conference
- 4 - 8 July 2010 ~ Main Congress

It is less than a year away!! Please visit the website (www.icmda2010.org) for registration, bursary applications and any other information you may require.

Student Work Update



Melissa Auvray



Tim Bates



Becky Perrin

Firstly, a big hello from the new team of Student Co-ordinators; Becky Perren, Melissa Auvray and myself, Tim Bates.

We hope to provide a (brief!) update on the student work in each issue of Newsround, so that the wider CDF community feels involved in this important part of our ministry.

The three of us began working together in January 2009. Increasingly, there was a recognition that the role of 'Student Co-ordinator' is an overwhelming task for one person to carry out alone; with new (and ever further flung) Dental schools at Peninsula and Aberdeen, declining numbers of Christian students, and roles ranging from elective advice to evangelism; we feel at times that even three may not be enough!

I think I speak on behalf of many when I say what a debt of gratitude we owe to our predecessor, Emma Tyrrell. Each of us on the current team has experienced the tremendous blessings of God's love, support and encouragement through her work over the past few years. Seeds certainly have been sown and it is with great excitement that we pick up the baton and press on to see what He has in store for us over the coming months.

Much of our recent efforts have been focused on preparing a student support pack. This is designed as a resource for dental students who are meeting up to pray and support one another and who are interested in the work of CDF and so on. We plan to send at least one pack to each dental school for the start of the new academic year, so that incoming Freshers can be aware of and involved in CDF from the outset of their dental careers.

While we hope to work towards a 'Student Away Day' in early 2010, we are passionate to see students integrated into the family of CDF. We are therefore encouraging attendance at the Conference this October. Something of a conference late-comer myself, I can say from my own experience what a blessing and inspiration it was to meet a broad range of Christians engaged in practically every branch of the profession. In my Bible study group, we recently looked at Hebrews 12:1:

"As for us, we have this large crowd of witnesses round us. So then, let us rid ourselves of everything that gets in the way, of the sin which holds onto us so tightly, and let us run with determination the race that lies before us."

My desire is that students and those of us still finding our feet in the profession, can draw on the support, experience and wisdom of both those who are around us and those who have gone before us. Above all, we hope that they feel inspired and excited about the daily adventure that it is to walk with Him.

So, we humbly request your ongoing prayers as we reach out in the autumn term, that God would equip and guide us in how to be effective for him in this ministry.

Tim Bates

Anne Hallowses is made an Emeritus Member of the British Society of Periodontology

During the BSP Spring Conference held in Sheffield in March 2009 the President, Professor Gareth Griffiths, made a special announcement that on her retirement as Administrative Manager Anne Hallowses was to be made the first Emeritus Member of the Society.

This is a fantastic achievement and a real statement of deserved recognition of her 20 years of service to the Society. Anne was very touched by the announcement. Congratulations.

Change of Email Address

Following a lovely time away in France with our family, we came home to courgettes that have grown so well they've turned into marrows and no internet or email!

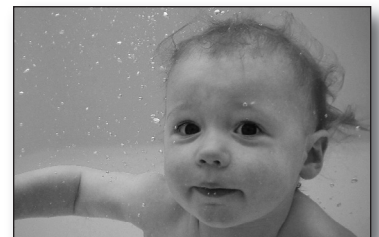
Please could you note a change of email address for me to cathy.fordyce@hotmail.com, or 348 Mersea Road, Colchester, CO2 8RA.

The deadline for the next issue is 5th October 2009.

Hope you're all having a lovely summer.

Cathy

Cathy Fordyce
Editor



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