

## But Because You Say So, I Will Let Down The Net (Luke 5:5)



**The fundamental premise of Christianity is that God knows what is best better than we do. It's easy to believe it when we're experiencing a blessing, but it is in those dark moments we may be tempted to question His wisdom. But even in those moments of despair, He willingly surrounds us with opportunities to experience Him and comfort us with glimpses of His sovereign power. He introduces Himself to us so we can re-invent ourselves in Him.**

Mark's account of the call of Peter and his brother gives us the impression that Jesus' call and their response took only a matter of minutes (Mark 1:16-20). Luke's longer account suggests that there was a time of preparation before Peter was called and chose to follow Jesus. Before issuing the call, Jesus visited Simon

Peter's home, where He healed Peter's mother-in-law, who was sick with a high fever (4:38-39). That, and the other healings at that time, must have shown Peter that Jesus had great power to heal and to exorcise (4:38-39). So, the call to Peter was not a call to follow someone he did not know .

It was this friendship between them that made it easy for Jesus to make use of Peter's boat in Luke 5. Jesus was teaching by the Lake of Gennesaret (also known as the sea of Galilee) and attracting large crowds (5:1). He needed a slightly raised position to address them effectively, and so when He saw two boats at the water's edge, He stepped into Simon's boat. Pushing off a little from the shore, He was able to continue His teaching from the boat without being jostled by the crowd (5:2-3).

At the end of the sermon, Jesus wanted to teach Simon an important lesson. So, He told him to put out into deep water and let down the nets for a catch (5:4).

Simon, an experienced fisherman, knew that there was very little chance of a catch, but because of his earlier experience of Jesus' mighty acts he called him Master and respectfully said, "I will let down the nets" (5:5). The result was amazing! The nets were so full of fish that they began to break and the boats were almost swamped (5:6-7).

This incident, recorded by the gospel writer Luke reassures us that the living Christ has the power to transform any trial into a triumphant beginning. He often asks us to revisit our areas of failures to show us what He is capable of, if we allow Him to work through us.

Having experienced a myriad of tangible interactions with Christ both before and after His crucifixion, Peter in his later years, sums it all up to his readers by saying:

*"Cast all your cares upon Him, for He cares for you."* (1 Peter 5:7)

When God sees us burdened with a load that surpasses our strength. He stands prepared to take our load and carry it for us. Will we let Him?

Simon answered, *"Master, we've worked hard all night and haven't caught anything. But because you say so, I will let down the nets."* (Luke 5:5)

**Prince Thomas**  
CDF President

<sup>1</sup> Tukatemjen, "Luke" in South Asia Bible Commentary: A One Volume Commentary of the Whole Bible, ed Brian Wintle (Michigan: Grans Rapids, 2015), 1344.6

# Liberian Therapy School



Simon & Grace

## Looking back.

I qualified as a dentist in 1983, over 38 years ago. I have been a general practitioner all my working life, in UK practice, in Ethiopia and for the UK Armed Forces. Grace and I arrived in Liberia in July 2017. I can honestly say that these last four years in Liberia have been amongst the most satisfying professionally.

In response to the many dental needs in Liberia, we have seen a new eight surgery clinic completed in March 2019 - see our web page [www.trinitydental.org](http://www.trinitydental.org) - with around 700 patients a month receiving care in the name of Jesus. Over the last three years, Archie, Daniel, Wannie and Charles have been trained 'in house' to



Archie, Charles, Wannie & Daniel

provide tooth extractions and Helena and Catherine to do teeth cleaning, supporting Marilyn, our hygienist. Hina, a recently qualified Liberian dentist from an Adventist Dental School in the Philippines, started working in the clinic in April this year. She works alongside Simon, Matilda and our part time Swiss colleague, Melvina. The clinic provides extractions (plenty of these!), fillings, root canal treatment, cleaning and acrylic

dentures. We also deal with trauma, including broken jaws, as well as swollen faces from abscesses, osteomyelitis, cysts and tumours. This helps meet dental needs in Monrovia.



Catherine, Helena & Marilyn

My Liberian colleague Eddie, who, with six months training in India back in 2012, was lead clinician and clinic administrator when we arrived, has completed his second year at Nairobi Dental School and Wannie's application, also to Kenya, is in process. There are only about six registered dentists in Liberia, so this helps secure the dental future.



Hina, Simon & Matilda

We have completed several successful outreach clinics out of Monrovia. Most recently we flew north to Voinjama, where 430 teeth were extracted over three and a half days, but this only scratches the surface of the dental needs of the wider Liberian population of five million people.

## So, what does the path ahead look like for us?

And so, looking forward, like Martin Luther King, we have a *Dream*.

In July 2024 we hope to be sending

photos of our first four Dental Therapy Practitioner (DTP) graduates. They will have completed a two-year diploma course awarded by Cuttington University, a private University in Liberia. They will be licensed by the Liberia Medical and Dental Council and be heading back to their home towns around Liberia, where they will work, fully equipped (using Dentaaid field kits) and clinically supported, meeting dental needs, and generating their own income.

To make this a reality we have until September 2022 to get everything ready. So, no pressure then! We are liaising with the Liberian Ministry of Health and adapting an existing curriculum, in conjunction with Cuttington University, with a colleague at Peninsula Dental School, at the University of Plymouth. We hope Prof Rob Witton will be coming to Liberia shortly to meet local partners and finalise the curriculum. This with a view to having students able to apply, supported by their sponsors, from April 2022.

There is much to do in, what seems to us, to be our second phase in Liberia. It will require a longer commitment from Grace and me, to stay in Liberia, than the five years we originally planned. And we cannot do it alone. We greatly appreciate all the encouragements and support from CDF, and some of you individually over many years. Thank you! In addition to the great team at the Clinic and dental colleagues in the UK, we are hoping Dr Renju and his wife Dr Serin, both dentists from India, will be able to join our team from September 2022 for an extended (two year) period.



Wannie & Charles in Voinjama



Trinity Dental Clinic

Then, with the curriculum agreed, we are planning to create a library of pre-recorded lectures to facilitate the training course. We are looking for a UK based lecture co-ordinator plus volunteers to record lectures along the lines of, and at the level of, the Teeth Relief Oral Health Manual (see [www.teethrelief.org.uk/teaching-material](http://www.teethrelief.org.uk/teaching-material)).

With some funds already in hand, we aim to start with four students and use the existing Trinity Dental Clinic facilities. However, working with a local civil engineer, plans are being drawn up to build a separate training school – once further funds are secured - with a further six surgeries, office space and classrooms. This will be next door to the dental clinic, to allow more students to be trained in subsequent years.

We make our own plans, but the Lord decides where we will go.

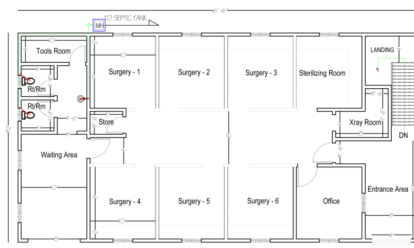
### In their hearts humans plan their course, but the Lord establishes their steps.

Proverbs 16.9.

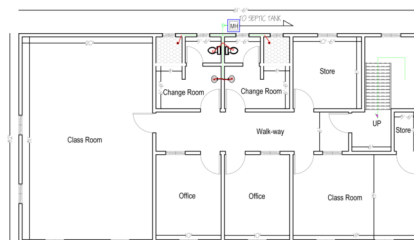
This is a big dream, with the potential to impact the dental and spiritual needs of a nation of over five million people. We need God's wisdom, guidance and help with the aim that HE will get the glory. Would you like to be part of it? If you are able, please pray for us. If you don't already receive our newsletter, and would like to, then please contact me via [cdfadmin@cdf-uk.org](mailto:cdfadmin@cdf-uk.org). If you are dentally inclined, we could use your expertise.

As John Ortberg so aptly put it in the title of his book, 'If you want to walk on water, you have to get out of the boat.'

*Many consider Peter a failure because he sank when he tried to walk on the water (Matt 14:22-33), yet perhaps the biggest failures were those who stayed in the boat and never even tried. Only Peter knew what it was like to actually succeed and walk on the water. Only Peter knew the feel of Jesus' hand pulling him up as he was sinking when he shifted his focus from Jesus to the wind and the waves.*



Proposed Ground Floor Plan



Proposed Upper Floor Plan

As we take our own tentative 'water walking' steps of faith, please pray that we would fix our eyes on Jesus.

**Simon Stretton-Downes**

## Nunnery Lane Dental Practice, York

**We are looking for two Christian dentists to join our growing team close to the centre of York.**

The practice has recently changed ownership and has moved into a new site with brand new chairs and equipment. As Christians, we are keen to have like-minded dentists onboard as the practice develops and expands.

We have a growing, supportive practice team with a focus on giving time to provide ethical and trustworthy dental care.

We have a small list of NHS patients, so a small amount of emergency cover will be required, but the majority of work will be private with good earning potential.

- We are fully digital, using Dentally patient management software and digital x-rays.
- CPD and PDP platform provided.

An interest in prosthodontics and/or implantology is preferred, but above all we are looking for team players who will fit in with our family orientated ethos. So if you are a dentist who is enthusiastic about providing high quality care in an environment where professional development and innovation is supported and encouraged, do get in touch!

If you are interested in joining our team, please contact the practice via [cdfadmin@cdf-uk.org](mailto:cdfadmin@cdf-uk.org) attaching your Curriculum Vitae.

# Introducing Interserve



A busy day in the surgery

**General dentistry, by which one dentist takes care of 90% of your dental needs, has been proven the most economical and practical way to care for your teeth. We know that is an obvious statement but there are many places in the world where this is not the case.**

At Interserve we are often asked “Am I any use with the skills and profession that I have?” or “Do you think there is a place for me?” We at Interserve look to work with people with professional skills and see where God might be leading them to use those skills to His glory in a holistic manner, using their gifts and skills alongside living life in the local community and the local church. It is such a joy and privilege to be able to serve both the Lord and the local community, using the gifts and skills that He has given us. Let me share with you just a couple of the projects that we are involved with.

In Central Asia, a sister organisation was invited by the health ministry to come into the country and develop a training programme of general dentistry for local dentists. At the time there were no general dentists or hygienists. Interserve was one of the organisations through which personnel were seconded.

In order to see the professional

development in the general dentistry area, they adopted the high-level, professional learning process called *Training of Trainers* (TOT) where they retrain national dental leaders who, in turn, train students. This training extends not only to dentistry methods and procedures but also to mentoring and training in leadership, character, and financial responsibility. As well as this programme, they opened a clinic with the first four experienced national dentists, alongside a general dentist and dental hygienist from overseas. This enabled them to give lectures and guided clinical training for the students in a one-year residency. This clinic was the first in the country to introduce the practice of the dental hygienist. From this grew a dental laboratory and the training of dental technicians. They have seen over 30 dentists, 20 dental hygienists, and 15 dental technicians graduate, many of whom not only practice general dentistry but also lecture in various other dental schools that have since opened.

Our partners working locally shared that, *“running the dental clinic taught us that it is not only important to raise the dentists’ clinical skills but also to train them in ways of private business. The original clinic is a non-profit, with all support*

*coming from outside and this model is not sustainable for our graduates. It became critical to provide them a different structure in which they could grow further as top leaders in dentistry. So, we opened a for-profit clinic. The new structure should also give them the opportunity to learn how to run a private practice.”*

While the non-profit clinic, which is reliant upon donations, focuses on low- to middle-income patients, the for-profit clinic targets higher-income patients. This not only helps them to cover their overheads, but the resulting financial independence and profit makes it possible to invest in activities such as education and support of the original clinic.



Children lining up to be checked

In another country in South-East Asia, we see a similar picture; there is a level of dentistry but also a hunger to grow and develop skills in order to improve standards. In this instance, our engagement is as part of a wider medical training centre. In September 2019, the centre supported a short-term team to undertake a dental outreach in a rural area of the country. It was a great opportunity to serve people with very limited access to dental care, and to educate children and their parents on the importance of oral hygiene. By partnering with the local church in that village, we helped them build their presence and credibility in a country where the church is still very oppressed. There is certainly an awareness that, as well as dental outreach programmes, there is a need for



Children showing off their new toothbrushes

involved in a short-term but regular way, working for 3-4 weeks per year, supplementing the medical staff already present undertaking either specialist surgical roles or mentoring and training others. And now, with the advent of “everyone working on Zoom”, there are opportunities to mentor dentists online.

So going back to the question that is frequently posed to me, “Am I of any use with my skills?” The answer is most definitely “Yes!” I do believe that God has given us skills and gifts to use to His glory, and it is a privilege for InterServe to seek the Lord’s will with individuals as they ask, “Where Lord would you have me?”

**Kevin Wren**

InterServe exists to make Jesus Christ known through holistic ministry, in partnership with the global church, amongst the neediest peoples of Asia and the Arab World. Their vision is to see lives and communities transformed through an encounter with Jesus Christ. Having existed for over 160 years, being founded in India, it now has members from 31 countries, serving the Lord in 69 countries. [www.interserve.org.uk](http://www.interserve.org.uk)

Kevin Wren is the Head of Development for InterServe GBI. Having worked in world mission both in the UK and overseas for over 30 years, his passion is to encourage and support individuals and churches as they seek to be a blessing to the nations both globally and locally. Contact Kevin via [cdfadmin@cdf-uk.org](mailto:cdfadmin@cdf-uk.org)

better education of dentists, which is vital for improving access to dental services. However, an added issue is the lack of textbooks in the local language, so English language skills are key to students gaining a higher level of understanding and proficiency. To this end, alongside the medical training, English classes are offered for the students. There is a formalised curriculum, which means that the English being taught is specific to their studies. One student who recently graduated from the English language skills class is from a poor rural family and is expecting to return to his village to work once he graduates in dentistry. In coming to study at the medical training centre, he can also explore, at his own pace and in a non-threatening environment, what the gospel would mean for him. At present, the centre is looking for dental educators in order to expand its programme and offer

supplementary classes specific to dental students.

This is just a snapshot of some of the ways in which InterServe International is involved in seeking opportunities for dental professionals to use their skills alongside others in which the gospel can be shared both in word and deed. Of course, there are many opportunities that arise throughout Asia and the Arab World and not only long term. There are a number of opportunities for people to be



Dentists at work

# Wessex Regional Day



We had our Wessex regional day on Sat 14th Aug, where we walked around Hengistbury Head, and then had a lunch talk from John Elkins from Dentaid

# Dame Margaret Seward

**Dame Margaret, a long-standing member of CDF passed away in August 2021. She had a varied and illustrious career. Right from the start of her career she was a trail blazer for women when in 1959 after qualifying from the London she became the first woman to get a resident house job in the hospital.**

Having taken a break from dentistry to have her two children she encountered the problems which women have of returning to dentistry. This led to her helping to write the report for the Department of Health, "Women in Dentistry" which was published in 1975. There was a follow up survey in 1985.

Over her career she was editor of the BDJ from 1979, She was also BDA President in 1993, GDC President from 1994 - 1999 and edited the International Dental Journal from 1990 – 2000. She was awarded a CBE in 1994 and a DBE in 1999.

In 2000 she published one last survey "Better Opportunities for Women Dentists" and became CDO where she helped to implement "Modernising NHS Dentistry".

She finally retired to live by the sea with her husband Gordon. However, she never stopped campaigning for good oral health as illustrated in this story:

"I was at the till in WH Smiths buying a couple of greetings cards and the young assistant said: 'Would you like this special offer chocolate?' pointing to a huge bar on the counter. I said 'Hang on! No! I am a dentist and you are ruining children's teeth!'"

We are fortunate to have an article written by Dame Margaret about how her faith impacted her career, so I'll let her tell her story.

## **Tracey Dalby**

Three-in-One Editor



*Dame Margaret with Alan Lawrence*

## **My Journey as a Christian in Dentistry**

*'Let everything that has breath praise the Lord!' (Ps 150:6)*

I was fortunate to be brought up in a Christian family, worshipping within the Presbyterian Church, as my parents were Scots who had come South after my father qualified from Glasgow University Dental School. Probably, like many of my vintage, my experience was attending Church twice on Sundays with Sunday school slotted in during the afternoon. Here we learnt Bible passages by heart, and we were all encouraged to take the Scripture Union exams, which I enjoyed, as I would collect another Bible for top marks. However, on reflection while now it is helpful to have ready access to texts, the experience did not provide an understanding of the Gospel's message and God's all-embracing love; it was a very superficial faith.

I did not discover the wonderful truth of the love of Jesus and the power of God guiding my life until I was a dental student at The London Hospital in Whitechapel in the mid 1950s. Here in the middle of the East End of London, still

bearing the scars of World War II, with bombed building sites frequented by the homeless and serious methylated spirit drinkers, who would queue up at the emergency department on the pretext of toothache, but in reality for a warm up and a refreshing sugary drink. The desperate living and physical condition of fellow human beings had a great impact on me, closeted in a comfortable middle-class home. Studying alongside me as medical students were the Barnardos, descendants of the great Dr Thomas Barnardo, founder of the Children's Home for the poor in the East End of London, who spurned going as planned to the mission field when an outbreak of cholera occurred. He was moved; guided by the Lord to devote his life to orphans and destitute children and set up his Home. A blue plaque outside his Stepney home states: 'No destitute child is ever refused admittance.'. This was an immensely formative part of my Christian life in the dental world, as I worshipped with my new Christian friends, leading Ward Services on a Sunday afternoon at the local hospital in Bethnal Green and other Care Homes. Here I met real Christians, not Sunday only believers or 'prize-

pushers'. These were people who lived by example, following Christ's teachings and who knew how to talk and listen to God. We went on retreats and weekends of study and praise at the Salvation Army Centre in Sunbury.

When I left the London after jobs as, first, a Resident House Officer, and then Registrar, I was appointed to a vacancy at the Highlands General Hospital in North London, created by the retirement of Douglas Munns. This was a providential appointment for me, as Douglas told me about the existence of the Christian Dental Fellowship, the CDF. It has been my succour and strength throughout my professional life.

I met great Christian giants and attended, with our children, the family conferences. After a weekend of sharing the gospel, and confiding in each other with our experiences and problems facing Christians in the work-place, I would then return refreshed to my dentistry, aware of the power and love of our Lord.

Early on, when I was editor, I talked to BDA sections about the new look BDJ, and I met Ella Boyce Stamper. She graciously agreed to give me an interview for the Journal, and the ensuing profile remains a beacon for me of human endeavour and sacrifice, as she spent her well-earned retirement from a lifetime as a school dentist working in Ethiopia, training villagers how to become proficient at extracting teeth and providing basic health care.

It was during the early 80s, as editor, when my Christian values were put to the test. It was customary before accepting advertisements for publication that the editor would be asked for their approval. My attention was drawn to a new advertisement advising about a meeting to take place of the Gay Doctors and Dentists. The pressure was on me to increase the revenue of the BDJ, but I did not believe I could compromise the reputation of our professional journal or my Christian values and rejected the advertisement. Thirty years later it is salutary to realise that I would not now be allowed to make such a decision. As Christians we are faced with ethical decisions relating to our practising livelihood and I can recall clearly at a CDF Conference the turmoil a colleague wrestled with as to whether to 'go private' or remain wholly within the NHS and fail to remain solvent.

When President of the GDC, I had many opportunities to take a stand and I hope that people did respect the decisions which were made after due consultation and prayer for guidance. However, when faced with dentists who for example had defrauded the payment system; who undertook poor standards of care, and those who had succumbed to alcoholism and lost their practice, family and profession; these examples challenged my faith and belief in a caring God.

But we must be prepared to take a stand when our Christian values are challenged,

and I give you an example. Wine was always available at lunch times during Professional Conduct and Health committee procedures. How could we condone this when clear heads and sound judgement was called for? Margaret T the milk snatcher was replaced by Margaret S the wine snatcher, and now, praise be, consuming alcohol during professional meetings is very much relegated to yesteryear.

The organisation of Getting Back to Practice courses was made possible through the tremendous support and commitment given to me by one of the great leaders of the Christian Dental Fellowship, Alan Lawrence. No one will ever realise how much he taught me how to live as a Christian in our profession through selfless service in dentistry and unswerving faith in the Lord he loved and trusted.

Unfortunately, I was unable to attend the 50th Jubilee CDF Conference due to my indisposition with a detached retina. But it was Alan, the resourceful one who brought his video and in a quiet room recorded a message from me to play at the Conference.

Let us continue to trust in the power of God's love and gain strength from sharing our individual journeys as Christians in Dentistry.

**Dame Margaret Seward** (1935-2021)

Article first published in Barts and the London Chronicle, Spring 2008.

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## Incorrect Postage

Recently some members received correspondence from CDF which had incorrect postage on it. We apologise for this error. If you paid an additional surcharge and would like this refunded then please email [cdfadmin@cdf-uk.org](mailto:cdfadmin@cdf-uk.org)

## God On Mute by Pete Greig A Book Review

These days we are getting familiar with technological terms on the computer and probably have had the experience of seeing friends on Zoom but being unable to hear them. They need to “unmute”. This book deals with engaging the silence of unanswered prayer. The writer is the founder of the 24/7 prayer movement and senior pastor of Emmaus Road, a multi-congregational Church in southern England.

The Archbishop of Canterbury, Justin Welby writes in the Foreword : “The old problems surface- if God is all-loving and all-powerful, then He knows our needs, cares about them and deals with them. If He does not, it is either He does not truly love or does not know or is not able. This is a profound book simply and accessibly written suitable for a person in distress. I was caught up in the wonder of Jesus as He is presented in the pages.”

Pete writes from personal experience as his wife had a growth on the brain the size of an orange. The operation was successful but since she has had a series of epileptic seizures. When asked if she doubted God, she replied “How can I doubt God? God is all I’ve got!”

The book is full of fascinating stories of people who went through suffering and reacted in a variety of ways. Pete writes honestly and with humour. “When we open our hearts to God and are honest in prayer, He hears us and opens the door to be with us, totally unfazed by the mess of our interior world.” The Bible contains laments and the questionings of Job - all our tears are gathered up and absorbed in the tears of Jesus. There are quotations from many sources: Martin Luther King, CS Lewis, Hudson Taylor, James O Frazer, Martin Luther, Amy Carmichael, Henri Nouwen and Ruth Bell Graham, speaking from the raw realities of this life.

Even Jesus, at one stage in Gethsemane

prayed “Abba, Father, take this cup from me” but later, He prays “Yet, not my will but yours be done.” The power to choose God’s will over our personal preference is a defining human opportunity. Pete goes on: “As we mature in Christ, we begin to understand that God’s logic is rarely ours, that the path to joy is often marked by suffering – the refiner’s fire.”

The book gives 15 replies to the question “Why are my prayers not answered?”, five derived from an analysis of God’s world, five on understanding God’s will and five on the consequences of God’s war.

The author admits that making sense of unanswered prayer is seldom simple. He gives a personal check list for self-examination of our prayer life.

The last 113 pages are a 40 day study of “God on Unmute”, to pause, reflect, ask and yield, starting on Maundy Thursday (Jesus overwhelmed with sorrow at Gethsemane), then Good Friday (My God, why hast thou forsaken me?”), then Holy Saturday (Where are you God when your son lies dead in the grave?) and Easter Sunday, (He speaks, He rises and He intervenes!).

This is an excellent book, enjoyable to read and so encouraging for us when struggling to connect with God in seasons of pain and confusion.

**Alan Vogt**

## View From My Chair

**I can’t quite believe it has been eight years since I started editing Three-in-One. It has been great to hear from so many different people about how God is using them both at home and overseas through their dental skills. However, I feel it is now time to pass the baton on to someone new. If you love picking up grammatical errors and spotting spelling mistakes then maybe this could be a role that you’d like to take on?**

It is a great job and isn’t too onerous. Once you have gathered together enough articles and images for each quarterly edition, it is a case of editing them and then sending them to the printer who will do all the clever stuff; taking your Word documents and transforming them into a PDF which looks professional and you can take all the credit for! It only takes a few hours every three months so won’t eat into your free time too much. Possibly the only downside it that you find people being rather cautious when you contact them in case you are after an article from them!

Please get in touch if you think this might be something you could do. I’d be more than happy to talk things through and explain more about what the role entails. You can email me at [editor@cdf-uk.org](mailto:editor@cdf-uk.org)

**Tracey Dalby**

Three-in-One Editor

## Save the Date!

The next CDF Annual Conference is 4th-6th November 2022 at HIGH LEIGH in Hertfordshire.

Our speaker will be Ruth Perrin.



**Deadline for the next issue of Three-in-One is 1st January 2022. Please send contributions to Tracey Dalby: [editor@cdf-uk.org](mailto:editor@cdf-uk.org)**

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